## MEDICAL AND MENTAL HEALTH ADVANCE DIRECTIVES



What is a Mental Health Advance Directive? Adults have the legal right to a psychiatric advance directive. A psychiatric advance directive is a tool for making decisions before a crisis in which you may become unable to make a decision about your treatment. This lets other people (like family, friends, and service providers) know your wishes.

What is a Medical Advance Directive? Individuals have the right to make decisions concerning their medical care, including the right to accept or refuse treatment. It is a policy of Community Mental Health for Central Michigan to honor a properly executed durable power of attorney or advance directive. Some restrictions apply to individuals who are minors or who have court appointed guardians.

What is a patient advocate? The person who you choose to support your choices regarding medical/mental health care.

What is a patient surrogate? A parent or legal guardian, member of the immediate family, or next of kin of the patient.

**What is a Guardian?** A person who has legal rights to make decisions for a minor or a legally incapacitated indivdual.

Must I have an Advance Directive? No. It is your choice.

Is it legally binding in Michigan? Yes.

Contact your CMHCM worker for forms or if you have questions.

What powers may I give my patient advocate? Any personal care decisions, like consent to refuse certain treatments or donation of anatomical parts or whole.

**Can I give my patient advocate the authority to withhold/withdraw life sustaining treatments?** Yes, but you need to make sure that it is described clearly and your advocate has a clear understanding.

What if my Advance Directives are not followed? You can contact Customer Service to file a grievance.

