

WHY IDDT?

IDDT reduces

- Relapse of substance abuse and mental illness
- Hospitalization
- Arrest
- Incarceration
- Duplication of services
- Service costs
- Utilization of high-cost services

IDDT increases

- Continuity of care
- Consumer quality-of-life outcomes
- Stable housing
- Independent living

Customer Service 800-317-0708 or
989-772-5938, Michigan Relay 7-1-1
24-hour Crisis Telephone:
800-317-0708 or 9-8-8

Convenient Office Locations

Clare County

789 North Clare Avenue
Harrison, MI 48625
989.539.2141

Isabella County

301 South Crapo Street
Mt. Pleasant, MI 48858
989.772.5938

Gladwin County

655 East Cedar Street
Gladwin, MI 48624
989.426.9295

Mecosta County

500 South Third Street
Big Rapids, MI 49307
231.796.5825

Midland County

218 Fast Ice Drive
Midland, MI 48642
989.631.2320

Osceola County

4473 220th Avenue
Reed City, MI 49677
231.832.2247

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Joint Commission
On Accreditation of Health Care Organizations

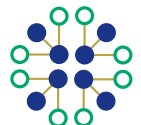
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INTEGRATED DUAL DISORDER TREATMENT

By combining substance abuse services with mental health services, Integrated Dual Disorder Treatment (IDDT) helps people address both disorders at the same time—in the same service organization by the same team of treatment providers.

IDDT emphasizes that individuals achieve big changes like sobriety, symptom management, and an increase in independent living through a series of small, overlapping, incremental changes that occur over time.



**Community
Mental Health**
FOR CENTRAL MICHIGAN

MULTIDISCIPLINARY TEAM

The IDDT model views all activities of life as part of the recovery process. Therefore, a variety of service providers help each consumer in all aspects of life.

The service team consists of the following:

- Team leader
- Nurse
- Case manager
- Employment specialist
- Substance abuse specialist
- Housing specialist
- Outpatient therapist
- Psychiatrist

The multidisciplinary treatment team meets regularly to discuss each consumer's progress in all areas of his or her life and to provide insights and advice to one another.

Team members also meet individually and as a group with each consumer and their caregivers (family, friends, and other supporters) to discuss the consumer's progress and goals.

Successful IDDT programs coordinate all aspects of recovery to ensure that consumers, caregivers, and service providers are working toward the same goals in a collaborative manner.

ARE YOU READY FOR IDDT?

- Do you want better relationships with your family and friends?
- Do you want better physical health?
- Are you ready to reduce victimization and violence?
- Are you ready to reduce symptoms?
- Are you ready to improve your function and ability to work?
- Do you want to improve your mental health and improve managing emotions?



OUR IDDT PROMISE

- Research shows that treating mental health and substance use disorders at the same time is more successful than treating them individually.
- Both disorders are treated with equal importance.
- Empathy, respect, and belief in everyone's capacity for recovery are our core values. We believe in your recovery.
- Everyone is different; CMHCM approaches each person as a unique and important individual who will get the correct treatment and the right services.
- Your road to recovery begins right where you are.

WHAT CAN IDDT DO FOR YOU?

- Help stabilize your mental and physical health.
- Connect you to community resources and support.
- Increase your ability to reduce or resist use of drugs or alcohol.
- Expand your self-awareness about use of drugs or alcohol.
- Offer new coping skills and techniques.
- Promote healthy relationships.
- Encourage personal choices.
- Improve your overall well-being.
- Restore your belief in yourself.