

ACT PROVIDES:

- Weekly or more frequent home or community visits by a team member.
- Monthly or more frequent visits with a Psychiatrist.
- 24/7 crisis on call services.
- Coordination, advocacy, and engagement for consumers in health care services to include Primary Care Provider, specialist's appointments, dental and eye care.
- Substance use disorder services tailored for those with both a substance use disorder and psychiatric symptoms.

Customer Service 1.800.317.0708 or
989.772.5938
Michigan Relay 7-1-1
24-hour Crisis Telephone
Convenient Office Locations and Hours

Clare County

789 North Clare Avenue
Harrison, MI 48625
989.539.2141

Isabella County The George Rouman Center

301 South Crapo Street
Mt. Pleasant, MI 48858
989.772.5938

Gladwin County

655 East Cedar Street
Gladwin, MI 48624
989.426.9295

Mecosta County

500 South Third Avenue
Big Rapids, MI 49307
231.796.5825

Midland County

218 Fast Ice Drive
Midland, MI 48642
989.631.2320

Osceola County

4473 220th Avenue
Reed City, MI 49677
231.832.2247

Accredited by:



Joint Commission

On Accreditation of Health Care Organizations

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ASSERTIVE COMMUNITY TREATMENT (ACT)

Assertive Community Treatment, or ACT, is a way of delivering a full range of services to people who have been diagnosed with a serious and persistent mental illness. The ACT team's goal is to give consumers comprehensive, locally based community care and to help them have a life that isn't dominated by their mental illness. ACT Services are based on the principles of recovery and person-centered practice and are individually tailored to meet the needs of the consumer. The ACT Team utilizes a multi-disciplinary team approach that provides highly individualized services directly to the consumer in the community.



**Community
Mental Health**
FOR CENTRAL MICHIGAN



HOW THE ACT TEAM WORKS

- **A Multi-Disciplinary Team Approach:** All services are individualized and provided directly by the ACT Team. Team members can consist of a supervisor, psychiatrist, nurse, case managers, and a peer support specialist.
- **Community-based Services:** ACT provides services in consumers' homes, workplaces, and in other community settings where support is needed.
- **Personalized Care:** ACT provides a smaller staff to consumer ratio than traditional case management. All consumers are discussed daily at a team meeting to ensure coordination of care.
- **Long-term Services:** The ACT team provides consumers with services and supports for as long as needed.
- **Continuous Care:** All ACT team members work regularly with each consumer.
- **Flexible Care:** ACT team members fit their schedules around the needs of the consumers.
- **Comprehensive Care:** The ACT team provides an array of services including psycho-educational services, psychiatric, substance abuse services, Individual Therapy, Supported Employment, Housing Assistance, and Community Inclusion.
- **As Needed:** ACT services are available 24/7 to handle emergency situations.

PERSONS SERVED BY ACT

Individuals with serious mental illness who have a history of:

- High use of psychiatric hospitalization and/or crisis stabilization
- Severe functional impairments, due to their illness
- Not responding well to traditional outpatient mental health care
- Need for a well-coordinated and integrated package of services to avoid hospitalization
- Co-existing problems such as homelessness, substance use disorders, legal involvement, and health issues



ACT SERVICES ARE...

- Provided to people who without ACT would not be able to live in the community.
- Not appropriate for primary diagnosis of Personality Disorders, Substance Use Disorders, or Intellectual or Developmental Disorders.
- Provided for people who are demonstrating severe psychiatric symptoms that are impairing the person's ability to function independently and whose symptoms impede the return to normal functioning as a result of their diagnosis. Areas of impairment may include:
 - o Maintaining, or having interpersonal relationships, with family and friends
 - o Accessing and needing mental health and physical health care
 - o Performing activities of daily living or other life skills
 - o Managing medications without ongoing support
 - o Maintaining housing
 - o Maintaining recovery to meet the challenges of a co-occurring substance use disorder
 - o Encountering difficulty in past or present progress toward recovery despite participating in long term or intensive services
 - o Avoiding arrests and navigating the legal system and transitioning back to the community due to their mental health illness