


WHAT TYPES OF ACTIVITIES ARE NOT CONSIDERED CLS?

- CLS services are face-to-face services, and as such, services cannot be provided when a consumer is asleep (except in very rare and unusual situations).
- CLS is not meant to be a cleaning/ housekeeping service. The consumer must be directly involved in the tasks that are being performed by CLS staff, and it must be written in the consumer's plan of service as a treatment goal to be billed to Medicaid.
- CLS services are not meant to monitor, supervise, or provide companionship to consumers. CLS services are meant to provide skills training and personal assistance to help increase a consumer's level of independence in their home and their community.
- CLS services are not meant to be provided in locations outside of the consumer's local community.
- Transportation mileage to and from medical appointments is not a covered CLS service (mileage should be requested through your local DHS worker as needed).
- CLS cannot be provided while a consumer is in an institutional setting such as the hospital, nursing home, or jail. CLS is provided in community settings (for example the consumer's home, library, grocery store, etc).

 Community Mental Health for Central Michigan

Customer Service 1.800.317.0708 or
989.772.5938
989.773.2890 (TTY)
24-hour Crisis Telephone
Convenient Office Locations and Hours

Clare County
789 North Clare Avenue
Harrison, MI 48625
989.539.2141
989.773.2890 TTY

Isabella County
301 South Crapo Street
Mt. Pleasant, MI 48858
989.772.5938
989.773.2890 TTY

Gladwin County
655 East Cedar Street
Gladwin, MI 48624
989.426.9295
989.631.0870 TTY

Mecosta County
500 South Third Street
Big Rapids, MI 49307
231.796.5825
989.773.2890 TTY

Midland County
218 Fast Ice Drive
Midland, MI 48642
989.631.2320
989.631.0870 TTY

Osceola County
4473 220th Avenue
Reed City, MI 49677
231.832.2247
989.773.2890 TTY



CMHCM receives financial support from the
Michigan Department of Health and Human Services.



COMMUNITY LIVING SUPPORTS (CLS) SERVICES

CLS services are meant to help increase and maintain a person's independence, support an individual's achievement of their goals, and promote community participation and productivity through skills training and personal assistance. These supports are provided by paid staff to help adults who are dealing with serious mental illness or intellectual/developmental disabilities. These supports may also help families who have children with an intellectual/developmental disability or serious emotional disturbance.

 Community Mental Health for Central Michigan

WHAT KIND OF SUPPORT DOES CLS OFFER?

Assisting, prompting, reminding, cueing, observing, guiding and/or training in the following activities:

- Meal preparation
- Laundry
- Routine, seasonal, and heavy household care and maintenance
- Activities of daily living (e.g., bathing, eating, dressing, personal hygiene)
- Shopping for food and other necessities of daily living

Staff assistance, support and/or training with activities such as:

- Money management
- Non-medical care (not requiring nurse or physician intervention)
- Socialization and relationship building
- Transportation from the beneficiary's residence to community activities and among community activities (transportation to and from medical appointments is excluded)
- Participation in regular community activities and recreation opportunities (e.g., attending classes, movies, concerts and events in a park; volunteering; voting)
- Attendance at medical appointments (transportation mileage is covered through your local DHS office)
- Obtaining goods, other than those listed under shopping, and non-medical services

WHAT KIND OF SUPPORT DOES CLS OFFER?

- Reminding, observing and/or monitoring of medication administration.
- Staff assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting.



HOW DO I GET CLS SERVICES FOR MYSELF OR A LOVED ONE?

Please speak with your Supports Coordinator or Case Manager to determine if you qualify for Community Living Support services. If you have not been assessed for Adult Home Help through the Michigan Department of Health and Human Services (MDHHS), this will be requested to determine if you are eligible for that service. Your case holder will work with you in determining the best supports available for you that are medically necessary.

What is medical necessity?

The Medicaid Provider Manual defines Medical necessity as the determination that a specific service is medically (clinically) appropriate, necessary to meet needs, consistent with the person's diagnosis, symptoms, and functional impairments, is the most cost-effective option in the least restrictive environment, and is consistent with clinical standards of care. Medical necessity of a service is documented in the individual's plan of service.