What Is Summit Clubhouse?

Mission Statement:

The Summit Clubhouse is dedicated to the recovery of adults with a mental health diagnosis by providing opportunities for our members to live, work, and learn, while utilizing their talents through a community of mutual support. Staff and members work side-by-side to maximize human potential and empower individuals to lead vocationally and socially fulfilling lives.



Clubhouse Hours :

Monday through Friday: 8:00 am. - 4:00 pm.

Summit Clubhouse is also open one Saturday of each month.



Summit Clubhouse

2120 E. Remus Road (High St/M-20) Mt. Pleasant, MI 48858 Phone: 989-317-3330 989-317-8204 www.clubhouse-summit.org E-Mail: <u>Clubhousesummit@gmail.com</u> Facebook: (by invitation) Revised: 12/17/21

Summit Clubhouse

Community Mental Health for Central Michigan

The Summit Clubhouse is a psycho-social rehabilitation program of Community Mental Health for Central Michigan.



"It's A Good Place To Be Yourself And Reach Your Full Potential"

-Summít Clubhouse

What Is The Summit?

Established in December 1995, the Summit Clubhouse is a voluntary program for people with a history of mental illness. The clubhouse is based on an international evidence-based model referred to as "The Clubhouse Model" and promotes independent living.

The clubhouse is member-driven and involves an effort between staff and members. The program is based on a "Work Ordered Day." Work is side by side, five days per week, in three Units: Member Services Unit, Food Services Unit and Multi-Media Unit. These work activities are vital to the ongoing operation of the clubhouse.

What Do We Offer?

- Community Living Skills
- Social and Recreational Activities
- Peer Interaction and Support
- Opportunities to Challenge Self
- Employment and Education
 Opportunities

Clubhouse Atmosphere

Clubhouse offers a relaxed environment with friendly members from a variety of backgrounds and varied talents. Your personal abilities and skills are welcomed at the Clubhouse.

How Do You Become a Member?

Contact your CMHCM Case Manager or therapist to inquire about how to be referred for Clubhouse Services.

Ríghts of Our Members

- 1. A Right to Meaningful Work
- 2. A Right to Fulfilling Relationships
- 3. A Right of a Place to Belong



Learning Opportunities

- Social Skills
- Daily Living Skills
- Vocational Skills
- Clerical/Computer Skills
- Relationship Skills
- Mental Health Recovery
- Independence
- Your Value as a Human Being
- Educational
- Multimedia Technology
- Volunteer Opportunities
- Computer Techniques